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Presentation Abstract

Presentation title:

Effects of Integrated Treatment Programs on Maternal Well-Being: A Meta- Analysis.

Presenter:

Alison Niccols

Alison Niccols, Ph.D., is an Associate Professor in the Department of Psychiatry and Behavioural Neurosciences at McMaster University and the Clinical Director/Psychologist in the Infant-Parent Program at McMaster Children's Hospital in Hamilton, Ontario. Her research interests include atypical development, early intervention, and knowledge translation.

Presentation abstract:

Recognition of the complex needs of pregnant and parenting women who use substances and barriers to accessing care have been the impetus for the development of integrated programs (programs that integrate on-site pregnancy-, parenting-, or child-related services with substance use treatment). In our meta-analysis of studies on the effectiveness of integrated programs, we synthesize this body of research, examine the strength of outcome effects, and explore client, program, and study characteristics that might moderate outcome. Maternal well-being outcome findings from our meta-analysis will be presented, including results from studies comparing integrated programs to no-treatment control groups and results from studies comparing integrated to non-integrated programs. Implications for clinical practice, policy, and future research will be discussed. Group discussion will be encouraged and facilitated.