

ISSUES OF SUBSTANCE 2009
CANADIAN CENTRE ON SUBSTANCE ABUSE NATIONAL CONFERENCE
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Presentation Abstract

Presentation title:

Effects of Integrated Treatment Programs on Length of Stay and Maternal Substance Use.

Presenter:

Ainsley Smith

Ainsley Smith graduated from McMaster University in 2007 with an Honours B.A. in Psychology and is currently a Research Assistant with Connections, a national program of research on knowledge exchange for agencies serving women with substance use issues (www.connectionsCanada.ca).

Presentation abstract:

Given the complex needs of pregnant or parenting women who abuse substances and their children, researchers, clinicians, and policy makers assert that programs should use a comprehensive and integrated approach to treatment. Emerging evidence suggests that treatment should be provided across a continuum of care, including attention to women's social and mental health needs as well as their children's needs. This recognition has resulted in the development and implementation of numerous integrated treatment programs (programs including pregnancy-, parenting-, and child-related services with addiction treatment). In this presentation, we will report findings on length of stay, treatment completion, and substance use from our CIHR-funded meta-analysis of studies of integrated treatment programs to determine the effectiveness of these programs. We explored the role of moderating factors such as client, program, and study characteristics using analyses of variance and regression analyses, to determine what works best for whom. Results will be discussed in terms of their contribution to informing priorities and directions for future research, assisting in development of best practice guidelines, and informing public policy. Group discussion will be encouraged and facilitated.